(The Storytellers and I were doin' a show down in Meridian, Mississip pii And these friends of mine came up And brought me this real old book about John Henry And they told me if they let me read this old book I'd probably write a song about it And they did and I did and I called it More About John Henry) First of all John Henry was a black man he was born where the sun don 't ever shine He was six feet tall he didn't know his own strength But he did not swing the hammer all the time Of course he didn't John Henry had some women on his mind There was a woman cross the street named Poor Selma Loved John Henry like a natural man John Henry quit Poor Selma just like he was quittin' work He loved that stinger-ree of Julie Anne And what is it a stinger-ree is somethin' else you understand There was a man named Stacker Lee in Argenta a little man with a big 44 You know he shot his woman down and took a shot at Poor Selma But ol' Stacker won't be shootin' anymore He had to quit it John Henry laid him dead on the floor John Henry threw Stacker Lee in the river then he said I've got a say so to say He broke out in a song that was wrote by Blind Leonard He said Julie Anne I'm singing my say He said I love you but I do not like your lowdown ways Well John Henry went to a conjurin' woman said this misery ain't no w ay to live Somebody's back door creeping on my pretty Julie Anne Conjure woman had a say so to give She said John Henry she said that's just the way things is Well John Henry went to a hell bustin' man said I'm tormented deep in my soul Well that hell buster prayed John Henry's sins away And they tell me that the thunder did roll Sweet Jesus what a frightenin' sight to behold From that day on John Henry was a changed man all he did was just wor k all the time Well he worked till the muscles in his body gave out Then he kept right on a workin' in his mind Don't do it cause a man ain't supposed to work all the time Julie Anne said John Henry I love you Poor Selma said John Henry you' re my man Ruby said I'm gonna cook ye up some greens and some lean meat With corn bread in a four foot pan With lotsa cracklins but John Henry was a diff'rent kinda man Well they allow that hard work killed John Henry hmm

I'm gonna leave that allowin' up to you hmm

Be sure that this ain't happenin' to you

Well was he killed by hard work or was he killed by bad women

Quit working when your day's work work is through
Cause a man ain't supposed to work all the time
And ain't that just the way the things is
A stinger-ree is somethin' else you understand
Quit working when your your day's work is through God bless you