

All Fall Down

Tom Chaplin

Whisper if you're in the wind
Swallowed by the world
Tell me if you're struggling
To climb out of the hole

'Cause if you think you're struggling alone
I want to let you know

We all fall down
Yeah, we all fall down
If you're sinking like a stone
Maybe I can slow you down
I can show you how
How to find your way back home

Tell me, are you on the edge?
Paralysed by fear
So terrified with every step
To crack your thin veneer

'Cause if you think you're going it alone
I've come to let you know

We all fall down
Yeah, we all fall down
If you're sinking like a stone
Maybe I can slow you down
I can show you how
How to find your way back home

So don't lose heart
If you're falling fast
You are loved and I hope you know
That even when you're spinning out
You are turning round
To find your way back home

We all fall down
We all hit the ground
The world comes for us all