I came in off a dead end street
Walked in slow and took a back row seat
I knew I had nothing new to say
So many people looked so burned out
I couldn't help feeling bad about just having to be there anyway

A friend of a friend from work came in I never had known what to make of him He'd always seemed to be so insincere to me You know I've always been afraid of a 12 step crowd They laugh too much and talk too loud Like they all know where everyone should be

It's been a long long long year It's been a long long long year How did I get here?

They were talking in a circle, I was by myself Everyone was telling everyone how they felt It felt like so long since I'd been young As the circle kept moving its way to the back I was wondering what I was gonna say in fact I still didn't know as it rolled off my tongue

It's been a long long year It's been a long long long year How did I get here?

I didn't say a word all the way to the car
But a little later on that night at the bar
I was telling everybody how strange my day had been
They said brother all you need is another shot
So I threw one down and said thanks a lot
As I thought to myself well here we go again

It's been a long long long year It's been a long long long year How did I get here?