I've been living with a lie for so long now, baby I gotta set my soul free, I can't take it no more That's why I gotta
Sing and shout it, tell the world about it
The truth is sweet

I made a promise to myself not to let nobody else
Have any sway on the way I lived my life
I didn't see the need to compromise but now I've come to realiz

That living is more than just surviving

And I've been lying to myself, I gotta cover up what I feel

But now it's time I must admit this is real, this is real

The truth is sweet

Just like honey from a bee, the truth is sweet

So many people in the world let it all pass them by They won't admit they need rescued from their lonely lives That's why we gotta sing and shout it tell the world about it The truth is sweet

When you've been hurt so many times it's enough to make you blind

To anything that feels like true happiness Nobody wants to be the foolish one but after all is said and do ne

You constantly settle for less

It's like a broken carousel, it just goes round & round & round But now it's time you admit you've lost ground Hear that sound?

The truth is sweet
Just like a baby's kiss, the truth is sweet

Go on admit it, you know you want it to be true
Go on admit it, you say you don't but you know you do
Go on admit it, you've been disguising what you feel
You could be living in a fantasy
But then that fantasy could turn out to be real

Sweet and true like my love for you

And everybody in the world's gonna wake up some day Singing love is the answer, love is the answer What's left to say?