

Help Me Get Over This

Toby Lightman

When the wounds are running so deep
And the pain is the company you keep
Birds are singing
Bells are ringing
But I can't hear a sound

Watching the clock tick tock
And it's moving so slow
Feeling my heartbeat drop
And I'm losing control
Cause my world just stopped
And I can't let it go
Help me get over this
Help me get over this

Help me get over this, ooh
Help me get over this, ooh

They say that time is the only way to heal
But I need to hold onto something that's real
Cause laughing ain't easy
No, it ain't easy
But I know one day I will

Watching the clock tick tock
And it's moving so slow
Feeling my heartbeat drop
And I'm losing control
Cause my world just stopped
And I can't let it go
Help me get over this
Help me get over this

Help me get over this
Help me get over this (ooh)
Help me get over this
Help me get over this (yeah)

Cause my world just stopped
And I can't let it go
Help me get over this
Help me get over this

Help me get over this, ooh
Help me get over this, ooh

When you're down and out you'll be found somehow (over this)

Calling on a friend
Calling on a friend (help me get, ooh)

Feeling my heartbeat drop
And I'm losing control
Cause my world just stopped
And I can't let it go
Help me get over this
Help me get over this

Help me get over this
Help me get over this
Help me get over this
Help me get over this