Regret can be hard to forget
Pride can be a game-losing bet
A heels-in-the-ground grudge can drown out the music
Yeah, don't hold on to it

Hold on to the ones who hold a place there in your heart
Hold on to the moments that put them goosebumps on your arms
Hold that hand through the hard times
Hold that glass to the good times
Love only hurts when you lose it
It can disappear in a big ol' cloud of smoke
If you don't hold on to it

Now, it won't be right now forever Soon, it'll be in your rear-view mirror Turn up every love song, soak up every kiss Yeah, every chance that you get

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Sun goes up Sun sinks low How many of those you get Only heaven knows

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Love is precious Hold on to it