

Rawkfist

Thousand Foot Krutch

Throw up your rockfist if you're feelin it when I drop this. Show 'em how we blow the spot, Let's make it hot, Let's shock 'em with the bodyrock 'til the party stops. It's time to take it up a notch, and keep it locked, for all the headbangers in the parking lot. Here we come, if you're ready or not. No time to talk. Cause we on the clock bringin that Uhh, Uhh, to your block. Let me show ya where we're comin from, it don't stop, from L.A. to New York. Show me what you got now!

All I know, is what it did take to make this, All I am, is what it will take to break this.
All I know, is what it did take to make this. All I am is what it will take to break this.
Light it up now, Light it up now.

Try runnin me down, keep runnin around, I'm fakin you out, would you just, make it what you want it to be, about to find out, what you're all about, I'm callin you out, won't ya just set me free. Try runnin me down, keep runnin around, I'm fakin you out, would you just, make it what you want it to be, about to find out, what you're all about, I'm callin you out, won't ya just set me free.

All I know, is what it did take to make this, All I am, is what it will take to break this.
All I know, is what it did take to make this. All I am is what it will take to break this.
Light it up now, light it up now.

Throw up your rawkfist if you're feelin it when I drop this. Uhh, Uhh, That's the sound when the rock hits. Oh, you never know, I might let go. Just roll, roll. Get ready, Get set. Throw up your rawkfist if you're feelin it when I drop this. Uhh, Uhh, That's the sound when the rock hits. Oh, you never know, I might let go. Just roll, roll. Get ready, Get set.

That's the sound when the rock hits, that's the sound when the rock hits, that's the sound when the rock hits. Jump, jump! Make the sound when the rock hits,

Throw up you rockfist if you're feelin it when I drop this.