Sabotage

Thousand Below

You haven't been yourself in a while now
Forgot what you said to yourself last week
You wouldn't be this person acting crazy
Are you broken?
Maybe I should slow it down
I should breathe in
Sit tight, you'll fix it when you're supposed to
It's all right they don't know what you go through
Feel you hesitate, made from my mistakes
Only can blame myself

But is it suicide or sabotage you think?
'Cause I feel you slipping
Far from me, fading slowly
Every time I hurt myself I push away your help
And you know my soul is empty

Is it suicide or sabotage you think?
I see it in my blood, it's dripping in the sink
Is it suicide or sabotage you think?
'Cause I feel you slipping

Another night spent alone, been a month since you felt something
Oh you never thought that you would be like this?
You medicate every day that she spends with him
But sit tight, you'll fix it when you're supposed to
It's alright they don't know what you go through
Poison every day coursing through your veins
Only can blame myself

And now you're just so far from me, fading slowly
Every time I hurt myself I push away your help
And you know my soul is empty

Is it suicide or sabotage you think?
I see it in my blood, it's dripping in the sink
Is it suicide or sabotage you think?
'Cause I feel you slipping

Oh I feel it in my veins, and I hear it in my dreams
But is it suicide or sabotage you think?
I see it in my blood, it's dripping in the sink
Is it suicide or sabotage 'cause my body's breaking down

And now you feel so far from me, fading slowly
Every time I hurt myself I push away your help
And you know my soul is empty

Is it suicide or sabotage you think?
I see it in my blood, it's dripping in the sink
Is it suicide or sabotage you think?
'Cause I feel you slipping