Help me, I'm stuck
Marooned inside my skull

I can't escape
A prison I can't break

These feelings never help me
I want an easy mind
I hear the judge is judging
Shut up, shut up
Shut up, shut up
Shut up

Each year
It gets worse
It won't stop
Still hurts

I give up, you've won I give it all to you

I'm helpless, I'm dumb
I've watched the world on mute

These feelings never help me
I want an easy mind
I hear the judge is judging
Shut up, shut up
Shut up, shut up
Shut up

Each year
It gets worse
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