You've been around since I can remember Far longer than I care to know Always ready to light me up In your toxic glow An old wound that I can't stop licking I can't seem to leave you alone Like a scab that I can't stop picking I can't let you go

You once were the spark that gave me life Now I wish that I'd just left you alone You once were the fire that set me alight But now you're just a crutch And I can't...

All my greatest regrets
You're always somewhere in the frame
You take more than you give back
And I feel ashamed

You once were the spark that gave me life Now I wish that I'd just left you alone You once were the fire that set me alight But now you're just a crutch And I can't...

You once were the spark that gave me life
Now I wish that I'd just left you alone
You once were the fire that set me alight
But now you're just a crutch
And I can't
And I can't
Can't let go