

Trapped

The Word Alive

[Verse 1]

Will you listen to what I said?
Do you believe that I'm worth it?
I can't fall asleep!
I can't live with my dreams!

[Chorus]

It's hard to know myself, trapped in my own head,
I'm trapped, I'm trapped, trapped in my head!
It's hard to know myself, trapped in my own head,
I'm trapped, I'm trapped, trapped in my head!

[Verse 2]

You're running from everything,
That's seeping from the depths of me.
You're begging for anything,
That's a life I'll never see.
I'll keep searching, I'm angry!
I've been haunted by my dreams!

[Chorus]

It's hard to know myself, trapped in my own head,
I'm trapped, I'm trapped, trapped in my head!
It's hard to know myself, trapped in my own head,
I'm trapped, I'm trapped, trapped in my head!

[Bridge]

It's hard to know myself trapped in my own head,
It's hard to know myself trapped in my own head.

[Chorus]

It's hard to know myself, trapped in my own head,
I'm trapped, I'm trapped, trapped in my head!
It's hard to know myself, trapped in my own head,
I'm trapped, I'm trapped, trapped in my head!

[Outro]

I'm trapped! I'm trapped! Trapped in my head
(It's hard to know myself, trapped in my own head)
I'm trapped! I'm trapped! Trapped in my head