The Freeze

The Verve Pipe

What a happy place
A canopy of branches
On a bed of green
What a lovely scene
Now among the wild
With eyes upon me
I'm afraid to breathe

I am only flesh and bone
Running through the great unknown
Stumbling over sticks and stones
'Til I'm down upon my knees
Suddenly the day is night
Things aren't always black and white
They talk about the fight or flight
They don't talk about the freeze

When your happy place Is suddenly a stranger You feel the danger Of where the wild things are

When you want to run
But you're bearing the weight
The branch-like fingers
Of a clumsy boy

Once an open sky
There's suddenly a ceiling
And you're forced to feel

I am only flesh and bone
Running through the great unknown
Stumbling over sticks and stones
'Til I'm down upon my knees
Suddenly the day is night
Things aren't always black and white
They talk about the fight or flight
They don't talk about the freeze

I don't need your sympathy
It doesn't heal the wounds in me
We can talk endlessly
And it doesn't change a thing
It means nothing in the dead of night
When things aren't always black and white
We talk about the fight or flight
We don't talk about the freeze

My body is frozen
Down on my knees
No fighting
No fleeing
I'm in the freeze