I love my cereal, my cereal Morning, noon and night I love my cereal, my cereal Satisfies my appetite

It could be sugar coated corn puffs shaped in a flake
One little handful is all it takes to make me feel good
It could be wet in a bowl or dry on a plate
It's good for my body for goodness sakes
And it always treats me like it should

I love my cereal, my cereal Satisfies my appetite I love my cereal, my cereal Morning, noon and night

Snap to the crackle to the pop don't stop
There's a prize on the bottom you can save the box top
It's good (it's good!)
It might be sealed in a bag or a box or a bowl
Cocoa fruity frosted served hot or cold

It could be sugar coated corn puffs shaped in a flake
One little handful is all it takes to make me feel good
It could be wet in a bowl or dry on a plate
It's good for my body for goodness sakes
And it always treats me like it should
Sugar makes me feel so good

Cereal! I love my cereal! I love it in the morning I love it in the afternoon and the evening I'll have it for a midnight snack I could survive on cereal Bring me a spoon A wooden spoon, a silver spoon, a plastic spoon It doesn't matter. I can eat it with my fingers Sometimes I even lay my face right in the bowl I love it morning, noon or night CEREAL