

## Panic Attack

The Vaccines

Wrap me up in hammered velvet  
Hide under the sheets with me  
Get into the television  
Sugarcoat Reality  
Paralysing trepidation  
I'm beaten by anxiety  
Lift the weight of the world that is hanging on me

It's got my body shaking  
I'm hiding in my room  
It put me out and on my back  
Panic attack

You know simply optimistic  
and altogether overcome with self-destructive irritation  
I resented everyone  
I was always well-adjusted  
but I'm going down a rabbit hole  
further and further and further out of control

And now I'm feeling dizzy  
And I'm giving up  
I shut my eyes, the room went black  
Panic attack

It is all-consuming  
And now I can't be fucked  
My legs give up and I fall back  
Panic attack, panic attack