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Countdown! to my extinction, my life falls apart in front of my face

Countdown! my life is such a disgrace

Countdown! should I hang myself or slit my wrist

Countdown! overdose on heroin, just like Sid

My life means nothing to me,

can't wait until I'm fuckin dead I can't stand this life any mo re,

wait 'till I blow off my head

Countdown! always got problems, can't seem to escape

Countdown! the lies you feed me are so fuckin fake

Countdown! can't put up with life's daily pressure

Countdown! suicide will be self expression
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