There is a sadness in my bones
And I cannot let go of the sadness
There is a silence and it's leading me into madness
You keep me from sinking down
Down too low
I'm paralyzed
And I need you close to

Shelter me from the cold starless night Shelter me from the ghosts in my mind I feel alive when I am in your arms You set me free Shelter me

I have been torn and twisted Lost in a fog, I drifted I'm drowning in my wounds Can't breathe, suffocated All my armor's fallen now Pieces laid on the ground I am naked And I need you now to

Shelter me from the cold starless night Shelter me from the ghosts in my mind I feel alive when I am in your arms You set me free Shelter me

You showed me how
To knock it down
The mountain standing in front of me
And you showed me how
To crawl back out of who I didn't want to be
Oh I need you here to

Shelter me from the cold starless night
Shelter me from the ghosts in my mind
I feel alive when I am in your arms
You set me free
You set me free
You set me free
Shelter me