

Paralysed

The Staves

I'm going out 'cause I need to
And you're staying in because you can
You're the man
I'm locked out, stuck on Lyndale
I miss the island
When I speak they understand

And I know it's a waste of time
And I know you are yours, not mine
And I know I'm being left behind
But I'm paralysed

Paralysed and sore
For the longing
The belonging
It isn't fair
Why don't you care?
What a thing it is just to bore yourself
To ignore yourself and pretend

And I know it's a waste of time
And I know you are yours, not mine
And I know I'm being left behind
But I'm paralysed
And I know

Don't snuff me out
I used to be magic
I used to be rage
Uncontained
I used to be
Something you made and admired
I used to be fire
I used to be magic

And now I know it's a waste of time
And I know you are yours, not mine
And I know I'm being left behind
But I'm paralysed
Oh I'm paralysed
I'm paralysed