

# Rise Up

The Skints

Well Forest Gate was in my heart  
Manor Park was in my arteries  
I guess after all the parties Walthamstow's become a part of me  
And bunning all this Woodford Green has made me Chingford Hatch  
A plan, so yeah man, I will be Leytonstone'd  
But at least I will know where I stand  
And I dunno about the Rio Grande, but I'll tell you 'bout the River Thames  
And I've never been to Montego Bay, but I'll tell ya about the Ilford Ends  
And on the real fam, man I deal with friends  
And I'll never put a Dagenham, and yes, I will go barking mad  
If the people start attacking 'em and I Wanstead on my own  
But they now there is a crew of us  
So watch out you don't get Clapton Road  
If you man out to slew on us, and big enough for the two of us  
This town don't seem to be  
Been up and down the Lea Bridge Strip like each and every week singing

The Skints we are gonna kill you inna this here time  
(We are the roughneck scouts)  
The Skints we are gonna kill you inna this here time  
(Dis ah the wickedest sound)  
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(We are the roughneck scouts)  
The Skints we are gonna kill you inna this here time

So I bet you think you're rougher than them, tougher than them  
See you dying to cry 'cause I play you like instrument  
Calling out the mad men, 'cause man can't understand them  
I tread on the level because no where is where I can't step

I bet you think you're knowing how to fight for survival  
Living off the government and pray from the Bible  
I bet you think you know about the roots but it's no rival  
I'm rocking the Baroque, larking with Bach  
I'm analyzing

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I tell them, rise up  
Me ah listen good music inna evening, until the morning time  
Rise up  
Me ah dance ah Reggae music inna midnight, until the sun start shine  
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