In a Rut

If you're in a rut, you gotta get out of it Out of it, out of it, out of it, out of it I can't concentrate I'm in a state I don't feel straight I can't love or hate Don't take that ride To suicide You cut your wrist You tried and missed Ch: If you're in a rut, you gotta get out of it Out of it, out of it, out of it, out of it

The Ruts