So you take a breath
And tell me all the stupid shit you've done
Crumble for a day and then become
Whatever people want you to be
Caught up in retrospect
With what slipped through my fingers once again
I'd kill for one more chance to make amends
Write messages I know I'll never send

So I sit back
And I watch as you just fall apart
The floor implodes, the spinning starts
You say you're fine
But you're lying through your teeth
Then the lights go out and you're left holding on

Lost in the way you walk
Try smoking out the ruminating thoughts
But forever landing back on this stone floor
It hurts but it's not your fault

So I sit back
And I watch as you just fall apart
The floor implodes, the spinning starts
You say you're fine
But you're lying through your teeth
Then the lights go out and you're left holding on again
Holding on again

Oh, it's not something you try for a day If time endures a darkness When it rains, tell them you hear the good Just headphones on, misunderstood Try reaching but it comes out wrong Your folks can just stand by and watch But honest days just disappear I love you but you're never here You're told this time is not to waste Collapse stood in our fucking face And all the while, your friends cry out Tied up by the constant doubt Caught in between the lines of text Too young to die, but no fight left You scream inside a hurricane A spiral that I just can't explain