There's no shame in being broken hearted
Though I try to do more to fix my soul
I'm trying to be more than when I started
There's no path before me
There's no horror story
That could ever keep my God from swinging low

People act a certain way in trials
Different than they do on any day
This is when you see a man's true colors
This is when he shows you
How much he can go through
Before all his faith is stripped away

I work hard not to fall
'Cause it's a long way down
And I owe it to my family
Keep my feet on the ground
It's in the sunshine
I feel the sunshine a-shining down on me

I admit, at times I've been unfaithful
Times where all I do is worry and doubt
That's when my God comes like warming rays of summer
Melting all my worries
And my insecurities
And giving me the strength I've been without

I work hard not to fall
Oh, 'cause it's a long way down
And I owe it to my family
To keep my feet on the ground, oh
It's in the sunshine
I feel the sunshine a-shining down on me
Oh, shining down on me

Oh Mmm...

It's in the sunshine I feel the sunshine A-shining down on me