

Help Yourself

The Posies

When we met we still had innocence
And we did things 'cause they made sense
Without trying hard I made it final
And we conceived our children on backseat vinyl
Though we didn't have a lot
(But) one was quickly bought
Then we built upon this ground something we thought was sound
But in reality was silence
I can't tell you why it all breaks down
And please don't ask me why I'm no longer around
I only picked up your story knowing you were lying
Don't ask me for advice
You'll have to learn to help yourself
When I look back now I plainly see
The misery I'm sure you don't agree
And all the products of those peaceful years
The broken plates and glasses and the shouting hurt my ears
Sometimes I wish I was asleep
And you were just another sheep
And when we finally fell apart
You were left holding the cart
Though you thought I'd said I'd push it
I can't tell you why it all breaks down
And please don't ask me why I'm no longer around
I keep dropping those hints but they never touched the ground
I'm useless to you now
You'll have to learn yourself to help yourself
I had never planned on this being so complicated
You had never planned on us being so separated
The spiteful words will heal with time
Eventually they rhyme
You can forget but not forgive the fact that I still live
And never wanted you to give... in
I can't tell you why it all breaks down
And please don't ask me why I'm no longer around
You weren't satisfied I was only superhuman
Don't ask me for advice
You'll have to learn to help...
I can't tell you why it all breaks down
And please don't ask me why I'm no longer around
Well I could only stand sitting here so long
You don't need my help
You'll have to learn to help yourself