

# Remember (The Return)

The Movement

Sometimes I swear I fall asleep singing  
Songs in my head just to drive away the demons  
To push aside any negative feelings  
Can't even say what I dream

Sometimes all I hear is that clock ticking  
I close my eyes and I find myself slipping back  
Tearing pages out this notebook  
Ripping them to shreds cause they don't say what I mean

And then I take a deep breath  
Step back, relax  
I think about all the good times and laughs that I shared yesterday  
That I had today  
I'm so grateful cause I can say

I remember what it was like to not know peace  
Every waking moment a blur  
And I remember what it was like to not know love  
But now I receive what I return  
I remember what it was like to not know peace  
Every waking moment a blur  
And I remember what it was like to not know love  
But now I've returned

Sometimes everybody gets caught wishing  
They had another life, had another mission  
They gotta make that incredible decision  
To trek along in service and light

We all have to make the choice to rise above it  
It might be hard but grit your teeth and go and tough it out  
Scream and shout, do what you will but love it  
Cause this is our purpose in life

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What it was like to not know love  
What it was like to not know peace  
What it was like to not know love  
But now I've returned