

## Turning Inside Out

The Methadones

Sometimes I feel like I'm losing my mind  
teetering on the bring of sanity  
But what I've found when my world turns upside down  
it flips and flops but bounces back again  
But for now I'm turning inside out just turning inside out  
turning inside out again  
It hits me like a ton of bricks  
Always at the strangest places and times  
As the roof is caving in I will force a grin  
Wave my flag of surrender and defeat  
But for now-I'm turning inside out  
just turning inside out turning inside out again  
It gets so f\*\*king surreal and ay too much to feel  
Cornered like a rat with no way out  
Must remind myself ever now and then  
Soon the episode will end  
Slipping out of my skin on the outside looking in  
For now-I'm turning inside out  
Just turning inside out turning inside out again