

## Distracted

### The Loved Ones

She fell down the stairs and opened her eyes  
He's over the edge this time  
He's all wound up from the nightmares  
They make him lose his mind  
She's distracted, lost the sense of the urgency tonight,  
lost sense of the urgency tonight

For a couple of years she covered her eyes  
And she'd give him hell sometimes  
The makeup covered the bruises, but somehow made her blind  
She got distracted, lost the sense of the urgency in life,  
lost sense of the urgency in life  
Can she save herself, save her from the nightmare,  
save her from the nightmare he's become

She looks up the stairs, slips out the door  
The floor creaks so loud at night  
The keys fumbling in the ignition  
This ride could turn the tide  
While he's distracted she finds the urgent need to survive,  
she finds the urgent need to survive  
Can she save herself, save her from the nightmare,  
save her from the nightmare he's become

She's holding here, it's tiring pretending  
She's tired from just waiting for it to end

She's been hanging round on this side of town missing opportuni-  
ties  
She wants to brace herself just enough to sing a little louder  
every day, yeah  
A little louder every day  
She runs up our stairs, it floods her eyes  
She's smiling for real this time

No makeup to cover the bruises, no more running through life bl-  
ind  
She just got distracted, but she's finding the will and the str-  
ength to survive,  
she's finding the will and the strength to survive  
And it saves her from, saves her from the nightmare,  
saves her from the nightmare he's become  
She's holding here, she's tired of pretending  
Tired of just waiting for it to end