There's dignity in calloused hands
The tools you have are not for sale
Well, sometimes, you're the hammer
And sometimes, you're the nail
It's not about how you get lost
It's what you do to find the trail
Well, sometimes, you're Ahab
And sometimes, you're the whale

Do-do-do-bah Do-do-do-bah Do-do-do-bah Oh-na-na-na

When frogs are fallin' from the sky
Just take responsibility
Well, sometimes, you're the prisoner
And sometimes, you're the free
Just let your conscience be your guide
When heartbreak hits you, c'est la vie
Well, sometimes, you're the Shih Tzu
And sometimes, you're the tree

Do-do-do-bah
Do-do-do-bah, that's right
Do-do-do-bah
Oh-na-na-na

Sometimes you're the river
And sometimes you're the sea
Sometimes you're a stranger to yourself
It's a dangerous place to be
But you'll be fine
Just remember where you come from
How you got the song
Then you'll always get it right, more than you get it wrong
We're with you in the middle
We're right down to the bone

Do-do-do, do-do
Ah-ah-ah
Do-do-do, do-do
Do-do-do, do-do
Do-do-do, do-do
Oh

Do-do-do-bah (C'est la vie)
Do-do-do-bah
Do-do-do-bah
Oh-na-na-na
Do-do-do-bah
Do-do-do-bah
Do-do-do-bah
Oh-na-na-na
Oh-na-na-na