

# Loop Cycle

The Gray Havens

Loop cycle here we go  
Anxious thoughts on repeat  
Loop cycle here we go  
Living life in defeat  
Loop cycle here we go  
Every day all the time  
On replay in my mind  
In my mind, in my mind

I can take you there the beginning  
Once upon a time I am living  
In a kind of mirage  
It's a typical day

I see a castle wall, I see a fortress  
And every morning I can hear the voices  
Throwing down every word I'm afraid of  
It's a typical day

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I'm in a swirl, I see a vision  
Of the life I know I should be living  
Head down, head spinning  
That's when the voices get in

You're a failure  
You're a waste of time  
Man you've got nothing to say  
And you're so far behind  
Everyone found a place  
And they're flourishing, they're flourishing  
But you're barely alive

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Loop cycle let me go  
Anxious thoughts, leave me be  
Loop cycle all know  
Is I won't live in defeat  
Loop cycle, the war is on  
Your castle walls are coming down  
Loop cycle, here we go

Raise a song, a trumpet sound

A trumpet sound

A trumpet sound

Loop cycle here we go  
Anxious thoughts to the ground  
Loop cycle here we go  
See the walls coming down  
Loop cycle Jericho  
Raise a song lift a shout  
See 'em all coming down  
They're coming down

Loop cycle here we go  
Anxious thoughts to the ground  
Loop cycle here we go  
See the walls coming down  
Loop cycle Jericho  
Raise a song lift a shout  
See 'em all coming down  
They're coming down  
They're coming down  
They're coming down  
They're coming down