Positive Mind

The Expendables

Sit back take a rest
Take a breath from your gut not your chest
And realize that you are ok
Feel the air in your lungs slowing down the rapid thump
Of stress in your heart tomorrow is a new day
Look around at your room at the things you consume
Do you really care if it all just burned away?
Burned away?

A positive mind, a positive mind
Can rule all of mankind
Its convenient to be blind
When we're all looking alike
And the hustle has you following the wrong signs
A positive mind, a positive mind

From the slums you can arise feel your spirit deep
inside move and shake
Excited is the energy
To understand that life is grand and exists larger than
your hand is key to responsibility
So look back at your room what is it telling you
Is it really there to make you feel at ease?
Feel at ease?

Positivity through responsibility
Start living by your own design

Exhale and expel all the negativity within yourself
You own what you are worth
And it's been with you since birth
So let it be
It don't matter what the others see
So burn up that messy room it's meaning less and less
To survive with nothing left can make you truly free
Truly free

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