

## Hold it Down

### The Cross Movement

This thing is fatal, long before the cradle  
While prenatal, sin seeped in through your navel  
None escape the curse, cause none escape the verse  
Cheeze, please put away the purse  
Cause there's a thief coming to pull off a heist  
Appraise your life and smash up your ice  
How bad can it get, well, you gonna throw a fit  
when all your Bling! Bling! turns to psst, psst\*\*\*  
All your shine will be snuffed  
all your Plat. will turn rust  
but what do you do when life's a must  
Is what your screaming, but your meaning is leaning  
cause that would make your existence no different than a demon  
Cause though we too were condemned, each man now has a choice  
to choose Christ and rep with more than your voice  
Cause just what is it that you're really telling me,  
when you say you love God but live the life of Be-elzee?  
Even demons tried to say, "Son of God, what up?"  
Jesus would turn ice grill and say, "Shut up!"  
How you gonna try and praise the Most High,  
when you know your native tongue is a lie  
So if you say you see life through the eye of Minolta  
Picture what Christ condemns in our culture  
Peep the clear picture, It's a muddy mixture  
How is a Celtic gonna play 76'er?  
We need elixir, when the trickster seems Royal  
Yall, McDonalds don't serve flame broil  
If your truly lost, but now found  
If He's truly lifted up, hold it down

[Chorus]

You try to show'em day from night (They're like, "What!")  
You try to tell'em wrong from right  
You say yo live the life  
That's why we gotta hold it down  
You tell'em righteousness is tight (They're like, "What!")  
You tell'em to walk in the Light  
Praise God when you get your Mic  
That's why we gotta hold it down  
In front of rich men and Ceasars (Hold it down)  
When everybody's screaming Jesus  
Even if they ain't believers

And this ain't vendetta, love is better  
we just saying if it's real you can smell (the) leather  
Like Niagara equals Falls  
vapor action equals Halls  
and true Lemonheads tighten up jaws  
We talking Cause and Effect, or called and elect  
Which means when Christ chose you  
You lose the choice to select  
Whether or not  
You think righteous living is hot  
When heavenly minded  
It's the only choice you got  
It's getting late, every soldier got to carry his weight  
Yo, we contending for the faith Baby Boy

And you to Sis, If you chose to enlist  
In His Salvation Army then it goes like this  
Because of the sacrificial bleeder, we follow the leader  
feed the soul and starve the Saturday night fever  
Either give a committed pound and bring your sword  
Or side with this world, name your Lord!  
Cause the True God don't need an upgrade like your Pentium  
Why change His whole steez to meet the needs of this millennium?  
He won't and you can't, So like the deer pants  
If you thirst after God, Then raise up those hands  
Our God has got plans, Much different from man's  
So either choose His, Or be down with Satan's  
But you can't love both, believe me you'll choke  
taking deep breaths in Heaven, While inhaling hell smoke  
Both wheat and both tare, grow up together right here  
And we can't separate, and that Christ made clear  
But he also gave Truth, To let us see Duke  
You can hide behind lies, But can't hide fruit  
So if you headed Uptown, And like how this sounds  
Then keep them hands up, for a sign that your down  
If you were once lost , but now your once found  
Then All God's people, gotta "Hold it down!"

[Chorus]