It's time to learn to be
More forgiving of yourself
And your sins
And those mistakes you've made
You've got to try to take
The lessons away from them
And leave the rest behind
Oh regret, put it out, put it out of your mind
All the self-loathing in the world won't change a thing

Cause you can't go back, darling
The time has come for moving on
You can't be always trying to dig up
What you've already buried
You've got to carry, carry, carry on
Carry on

It's not fair
It's not fair
It's not fair

When have you ever known the world to be a fair place?
(It's not fair)
All things end and all things change
(It's not fair)
You'll look back and laugh someday
(It's not fair)
Or at least you'll learn to be okay

Cause you can't go back, darling
The time has come for moving on
You can't be always trying to dig up
What you've already buried
You've got to carry, carry, carry on
Carry on

It's time to learn to be
More forgiving of yourself