

You said we'd never have to leave it like that  
Staring at the ceiling  
Hide another thing before you react  
It's coming, I can feel it

You took issue, you said you feel attacked  
I'm not the only one to call you on that  
I tried to push you, to see if you'd bite  
I just want to shake you, make you realise  
I just want to shake you, make you realise

I always want you to strive  
It's just a messed up time  
But when you're feeling low like that  
I know it won't last  
I will help you strive  
(It's just a messed up time)  
I will help you

So if you think I'm being cruel or unkind  
I promise I don't mean to  
God knows there's so much I don't seem to get right  
Just know that I still need you too

And I still feel guilty, I want to take it back  
Maybe that's a sign we're on the right track  
It's just so easy to get the balance wrong  
We're not the kind of people who just play along  
We're not the kind of people who just play along

I always want you to strive  
It's just a messed up time  
But when you're feeling low like that  
I know it won't last  
I won't let it slip my mind

And if you're drifting away  
I'll help you make the change  
'Cause when you're feeling low like that  
Oh oh it won't last  
I will help you strive  
(It's just a messed up time)  
I will help you strive  
(It's just a messed up time)  
Ooh ooh  
Ooh ooh  
Ooh ooh  
I will help you strive  
(It's just a messed up time)

I always want you to shine  
It's just a messed up time  
But when you're feeling low like that  
I know it won't last  
(It's just a messed up time)