## Realms

## The Contortionist

Thousands of wasted words, millions of misinterpreted miscommun ications;

Progress is slowing, a delayed reaction has caused a momentary lapse.

All of this feels like a nightmare I can't escape, Caught between the realms of sleep and bad reality That has left me trapped under ice. And I'm drowning and fighting for air to survive, with nowhere to go.

I feel the water fill my lungs and take me into it's arms. I never thought I would end, I never thought I could die like this.

I refuse to look into the light. No - I will not die like this. What did you expect? This is not a dream, but a thought.

Death will come to me on my own terms.