I push so hard, they hardly push back Instinct has led me to a man trap Divorce my conscience to be undone Throw down my ladder so you can get up

It's automatic
I just can't help it

I push so hard, you push me back I push so hard

Part dopey dog and one part steam train On the back foot I see that look again I push so hard, they hardly push back You say, alright

It's automatic
I just can't help it

I tell you what to do
I'll do the work for you
I'll tell you what to do

It's automatic
I just can't help it

It's automatic, yeah, yeah, yeah
I just can't help this place I'm in