Truth works just like it needs to Sharp, an ugly riding off the lips Of someone strange Oh, how weird it can be Looking at you, looking at me I know just what you think Yeah, I know just what you think

I can't take this down
I don't need it
No, I don't want it
God, I don't want it
I want to feel proud
I won't let them see
Won't let them see me
Won't let t hem see me now
It should be easier

The back of my throat is so dry
The sick in my chest won't subside
The ugly that is now is real
The helplessness of my pain
Me knowing the weight of my shame
Can you get me out?
Yeah come on, get me out

I can't tell how I lie, I can't tell why
I'm not gonna make it
Out real clean
I can't tell when it's real
I can't tell what I feel
Maybe this is numb?
Maybe this is me?
If this is really me, God help me
To separate fact from fiction
Separate fact from fiction
If I am really free, help me