

# Fear Inside Our Bones

The Almost

Why do we worry?  
Why do we doubt?  
Why do we wonder when our stories don't play out?

Why are we hoping?  
This too shall pass?  
Why are we waiting? For our train come at last

This is my best and my worst guess  
We will make with pain inside of us  
With a choice to feel just enough  
Or grit our teeth and take the whole thing down

We were made with fear inside our bones  
The kind that makes you feel alone  
So hold on just breathe and figure out  
We are not alone  
This makes us feel alive

Why do we wonder? Far into lies  
Why do we feel our hope won't arise  
This is my best and my worst guess

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With the choice to feel just enough  
Or grit our teeth and take the whole thing down

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So hold on just breathe and figure out

We're not alone, this makes us feel alive  
Don't look to me for hope  
I'm lost, I'm just like you  
Don't look to me for freedom  
There is a real way out  
There is a real way out

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We are not alone, this makes us feel