I'm tired of always beating up on myself
It's getting harder to tell if I'm well
I'm looking and searching, but everything is blurry
No lie, my pride is hurting
Just wanna bury this

I've been digging through my memories Crawling back to who I am I haven't had it all together But I'm doing the best I'm doing the best I can

My mind, it likes to run away with itself It's taken me somewhere else, I'm not here I'm twisting and turning, it gets so disturbing But I'm done with this feeling

I've been digging through my memories Crawling back to who I am I haven't had it all together But I'm doing the best I'm doing the best I can

I can see some parts of me in pieces
And they're laying broken on the floor
I pick them up, remember they were never lost
They're just thoughts and nothing more

(I'm doing the best) I can see some parts of me in pieces
And they're laying broken on the floor (I'm doing the best)
I pick them up, remember they were never lost (Crawl, crawl)
They're just thoughts and nothing more

I haven't had it all together, but I'm doing the best I can

I've been digging through my memories Crawling back to who I am I haven't had it all together But I'm doing the best I'm doing the best I can

I've been digging through my memories Crawling back to who I am I haven't had it all together But I'm doing the best I'm doing the best I can