

Exercise Is Good For You

Telex

It's okay and I'm doing fine
Just so I don't think of you
It's okay, I don't need your love
I've lost a kilo or two

Sure, you say that running's just a substitute
Run instead of loving

Exercise is good for you

Heavy breathing and sweaty legs
I've got to try to forget
Autumn leaves and a charming tune
I wish we'd never had met

Sure, you say that running's just a substitute
Run instead of loving

Exercise is good for you

I was weak and my heart was weak
And loving you was a strain
Now I'm strong and my heart is strong
And I don't feel any pain

Sure, you say that running's just a substitute
Run instead of loving
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