Thank you for your bravery
It takes a tremendous amount of courage to share your life experiences
Traumatic situations when held inside can create depression, that could lead
to suicide, self-mutilation, etc
So thank you for trusting enough to tell me...

What happened to you? I was at a loss for words Something really off occurred Situations are thought to curve, then I guess I caught the nerve What happened to you? I would give it to you play by play When I was dealing with it day by day Never fake and never hesitate to say, say, say What happened to you? I was at a loss for words Something really off occurred Situations are thought to curve, then I guess I caught the nerve What happened to you? I would give it to you play by play When I was dealing with it day by day Never fake and never hesitate to say, say, say What happened to you?

Man, I ain't got the words But this motherfucker had the nerve To try to play someone that is superb But the shit that he showed was for the birds Or should I say a wolf in sheep's clothing Thought he was real, but he was straight posing Our union was headed for corrosion Lies, no one'll abide, and my hub became frozen Hold up, you talking 'bout frozen? How 'bout seeing your mama get her eye swollen By a nigga who was hoping eloping But domestic violence every night, an explosion I was just in the third grade Couldn't bring light and protection to her days A beautiful lady but he couldn't control the stir crazy Drinking and smoking and have my mother off in the worst way Well, I had it way worse Seemed like a nigga stay cursed So much pain in my vein, every day it hurt (Wow) Thought I had a close-knit family But over time, I guess, their moms didn't understand me Small shit became bigger than it should be Me being alone, I thought I never would be But the shit came crumbling down when something serious happened And it was humbling, now listen Nah, you listen, 'cause I ain't finished mine I was just trying to tell you how this demon did his crime To a sweet sweet lady with heaps, he's crazy If I wasn't so young, I would've been the street sweep maybe Maybe I wasn't through Releasing and speaking my point of view

Be back in a few, since you motherfuckers ain't worried what happened to me

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Before I was rudely interrupted, trying to show you how my life was corrupte With my kids being ripped from the clutches That felt severe, ill like gut punches Blindsided by infidelity, unsettling Grass is green, she's seen other things Lost her teem, it seemed gloomy Playing Ricky Ricardo without Lucy Excuse me, you cut us so rudely I was just saying I wanted to hit him with the tooly For going to mom's workplace to serve hate Told her "Come outside", and put a beating to her face Beat her into a hospital bed Me and my family was thinking "Off with his head" She was unconscious, ratchet scars in his red The trauma to her activated seizures Hit me harder when she woke up with amnesia As I was saying, this fuck nigga stay playin' Thought he was solid, but I caught him in a room laying with a wack bitch But I'm Phlaque, bitch And he's the past He couldn't keep it real, so he fumbled the bag He was butt naked, in a telly with a whore Kicking him and yelling out the hotel door He claimed F.O.Y. , but he's a devil, ah I was queen, but he wasn't at my level, guy Well, this is the last level, 'cause everybody spoke Out of turn, but to me it was a fucking joke Gave you my heart and soul with what I told you For what it's worth, I still got my closure Yeah, she closed you out and she sent you to Ramadan, friend Y'all, I'm feeling healed and well, 'cause I'm the shaman, Amen This would be the last I'm responding

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I'm through with this pitiful trauma bonding

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