

I know it's not easy to be undone
Don't think about, don't think about it
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Hear what I hear
Listen to me
Know what you're thinking
Stuck in your system
See what I see
Focus on it
Believe what I'm saying
You are not alone
Day after day, the better it gets
Life in full color
You need to see it
Pushing away
Pulling you through
Believe what I'm saying
And do as I do

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