

# Do That Again

Taylor Acorn

I'm sitting here, it's so uncomfortable  
'Cause I can tell they don't even know  
I've been dying inside, I've been dying inside

This anxiety is taking over me  
Sometimes I feel like I can't even breathe  
I think I'm dying inside, I'm dying inside

Oh 'cause I've been staring at the ceiling  
For five years straight it seems  
I don't think anything's helping me  
And so I

Fake a smile, pretend I'm fine  
'Cause for a while I haven't been in my mind  
The doctor said to change my meds  
But I don't want to do that again  
I tell my mom it's all alright  
When I don't get an ounce of sleep at night  
Should see my therapist instead  
But I don't want to do that again  
No, I don't want to do that again

The little voices in my head keep telling me  
That I will never be anything more than what I am  
And it's so exhausting to feel like no one understands

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For five years straight it seems  
I don't think anything's helping me  
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'Cause for a while I haven't been in my mind  
The doctor said to change my meds  
But I don't want to do that again  
I tell my mom it's all alright  
When I don't get an ounce of sleep at night  
Should see my therapist instead  
But I don't want to do that again  
No, I don't want to do that again

I don't want to live like this anymore  
But I don't even know what I'm living for  
God help me get out of my head  
'Cause I don't want to do that again  
Oh no, no I don't want to do that again

I fake a smile, pretend I'm fine  
'Cause for a while I haven't been in my mind  
The doctor said to change my meds  
But I don't want to do that again  
I don't want to do that again