Sometimes, at night
It gets hard to breathe
It gets hard to sleep sometimes

Trapped in my own head
And I just sit right here
Back against the wall
And I just sit right here
Feeling on the way
But I'm stuck right here
I don't know how I do it
But I'm still right here, yeah

Sometimes I just really wanna
Sometimes I just really wanna
Take it apart and put it back together
I'm under the wire and over the pressure

Sometimes I feel the weight of the world on me And sometimes it's hard to breathe, it's hard to sleep When I know that they count on me

It looks different from the outside in Giving all I give
But I know it's not enough
It looks different from the outside in Giving all I give
And I know it's not enough