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Strap up, strap down;
I really hope my generation doesn't fall down;
I've seen my way in therapy,
I hope I fade, before I age;
It's so contagious don't you say?
(Chorus)
When I come to face tomorrow
I hope I needed it yesterday;
Then I'll breathe in your life,
Wrap it up and break away.
Step back, stepdown, step around my
My face, it bleeds like a ghost
As I walk back through history;
The moment fades, pretty stains,
It's so contagious don't you say?
(Chorus) x2
I'm so depleted;
No one needs it
No one needs it
(Chorus) x2
I'm so depleted;
Rain dogged the seasons;
My golden dreams sold,
No one needs it
No one needs it
```