Into each life with the joy comes some pain
And I have crawled through those times, I learned to stand in the rain
And I learned to rise higher when the waves rose each time
And when there's nowhere to stand, I learned to swim towards the light
But when I fear I might drown, I lay my burdens down

'Cause I believe in hope
Believe if I let go I'll float
And I will see that the water carries me
Living water carry me

I believe in hope
Believe if I let go I'll float
And I will see that the water carries me
Living water carry me

Sometimes it feels like it's always hard times
And when it's all falling down, I try to hold up the sky
And the hard times seem harder when there's no end in sight
But know the hard times will pass, just as the sun's sure to rise
And when I fear I might drown, I lay my burdens down

'Cause I believe in hope
Believe if I let go I'll float
And I will see that the water carries me
Living water carry me

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Believe if I let go I'll float
And I will see that the water carries me
Living water carry me

When the dark is all you see
Light light light up with belief
Live your life each day you're down
Like you're found
Even through the darkest night
Reach reach out to find the light
Live your life each day you're down
Like you're found

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