No one sits with him, he doesn't fit in
But we feel like we do when we make fun of him
Cause you want to belong, do you go along?
Cause his pain is the price paid for you to belong
It's not like you hate him or want him to die
But maybe he goes home and thinks suicide
Or he comes back to school with a gun at his side
And a kindness from you might have saved his life

Heroes are made when you make a choice

You could be a hero - heroes do what's right
You could be a hero - you might save a life
You could be a hero - you could join the fight
For what's right, for what's right, for what's right

No one talks to her, she feels so alone
She's in too much pain to survive on her own
The hurt she can't handle overflows to a knife
She writes on her arm and wants to give up her life
Each day she goes on is a day that she's brave
Fighting the lie that giving up is the way
Each moment of courage her own life she saves
When she throws the pills out a hero is made

No one talks to him about how he lives
He thinks that the choices he makes are just his
Doesn't know he's the leader with the way he behaves
And others will follow the choices he's made
He lives on the edge, he's old enough to decide
His brother who wants to be him is just nine
He can do what he wants because it's his right
The choices he makes change a nine-year-old's life

Little Mikey D. was the one in class who everyday got brutally harassed This went on for years until he decided that never again would he shed anoth er tear

So he walked through the door, grabbed a four-four out of his father's dresser drawer

And said I can't take life no more

And like that life can be lost

But this ain't even about that

All of us just sat back and watched it happen

Thinkin' it's not my responsibility to solve a problem that isn't even about me

This is our problem

This is just one of the daily scenarios which we choose to close our eyes Instead of doing the right thing

If we make a choice and be the voice for those who won't speak up for themse lyes

How many lives would be saved, changed, and rearranged

Now it's our time to pick a side

So don't keep walkin' by

Not wantin' to intervene

'cause you wanna exist and never be seen

So let's wake up and change the world

Our time is now

You could be a hero (our time is now)
Heroes do what's right
You could be a hero (our time is now)
You might save a life
You could be a hero, you could join the fight (our time is now)
For what's right, for what's right