

There's so much on my mind lately  
I can't make out my own thoughts anymore  
I don't know where one begins and the other one ends  
I wish that I could push a button and turn it all off  
Just for a little while  
Long enough to take a breath and then I'll know

It'll be OK, It'll be Alright  
There's so much that needs to be done lately  
I can't make out what's important anymore  
I don't know where my needs begin and someone else's end  
I don't wanna let anyone down cause  
I feel like I'm falling down when I do  
But for now would someone else please volunteer to say...  
Life is hard for everyone so let's blow it all off  
Just for a little while  
Let's take a break  
It'll still be there when we get back  
I always try to solve all our problems by working real hard  
Going just another mile  
But every now and then I think we should let it go and say...  
This is my last verse and it's for everyone feeling not so great today  
We don't know what's coming just around the bend  
Always hard to believe in your own life easier to find belief for a friend  
I'll hope for you  
You for me and together we can say...