

Young man, there's no need to feel down.
I said, young man, pick yourself off the ground.
I said, young man, 'cause you're in a new town
There's no need to be unhappy.

Young man, there's a place you can go.
I said, young man, when you're short on your dough.
You can stay there, and I'm sure you will find
Many ways to have a good time.

It's fun to stay at the y-m-c-a.
It's fun to stay at the y-m-c-a.

They have everything for you men to enjoy,
You can hang out with all the boys...

It's fun to stay at the y-m-c-a.
It's fun to stay at the y-m-c-a.

You can get yourself clean, you can have a good meal,
You can do what about you feel...

Young man, are you listening to me?
I said, young man, what do you want to be?
I said, young man, you can make real your dreams.
But you got to know this one thing!

No man does it all by himself.
I said, young man, put your pride on the shelf,
And just go there, to the y.m.c.a.
I'm sure they can help you today.

It's fun to stay at the y-m-c-a.
It's fun to stay at the y-m-c-a.

They have everything for you men to enjoy,
You can hang out with all the boys...

It's fun to stay at the y-m-c-a.
It's fun to stay at the y-m-c-a.

You can get yourself clean, you can have a good meal,
You can do what about you feel...

Young man, I was once in your shoes.
I said, I was down and out with the blues.
I felt no man cared if I were alive.
I felt the whole world was so tight...

That's when someone came up to me,
And said, young man, take a walk up the street.
There's a place there called the y.m.c.a.
They can start you back on your way.

It's fun to stay at the y-m-c-a.
It's fun to stay at the y-m-c-a.

They have everything for you men to enjoy,
You can hang out with all the boys...

Y-m-c-a... you'll find it at the y-m-c-a.

Young man, young man, there's no need to feel down.
Young man, young man, get yourself off the ground.

Y-m-c-a... you'll find it at the y-m-c-a.

Young man, young man, there's no need to feel down.
Young man, young man, get yourself off the ground.

Y-m-c-a... just go to the y-m-c-a.

Young man, young man, are you listening to me?
Young man, young man, what do you wanna be?