Mentally paralyzed all bridges will break soon Headache from midnight to highnoon By playin' the game fit in the frame Sellin' another dream duty free Cheap as you creep over your mental border In order to reach the other side Remaining time is getting shorter I can see your open hand I see you stuck deep in quicksand Yes I understand Your bloodshot eyes tellin' lies but your heart is true As the rain falls in blue, like the grass is red Kid watch your steps Diggin' in your mental mud I show you places in your head where your mind rots Capital punishment for cryin' in public, lonelieness, stress You've said you're strong in your weakness Dangerous minds and games, distorted frames

(REFRAIN)
Distortion
Distorted frames
Is all I see

Life is a big river that flows right through you Cause mountains are way tougher than you, so Don't try to fake it cause I can see you play on the riverside Like a little kid Can't you see the danger ? You are too close to the deep and dirty water full of blood, from the others, who before Tried to disconnect I can understand You don't like this leading hand But I can feel you're fighting with yourself You better listen to your own soul and you'll get old With a fresher heart beating so hard and so strong Don't get me wrong just be yourself Don't let anybody push you in the big wet I believe it's not that hard to get that done And before you'll realize what's going on Distorted frames will fade away

(REFRAIN)