Stretch Arm Strong

how can i do it? when i know it's just not right the pictures blind my sight when we glorify we glorify the flesh and we do it at any cost no thoughts given to reason for how much we've lost two seconds of pleasure for a lifetime of grief no reconciliation a future with no relief i try to forget the weakness i swore to myself i would never be swayed now i live this nightmare that i've made how could i have fallen? turn it off release me hear my cries forgive me