I ain't been sleeping for days I've got all of the symptoms I can't keep running away From all my decisions I gotta face em all The deeper I'm diggin The further I have to fall Ooooh It's personal when you're on your own And you've reached for the bottle But it's all gone Turn off your phone Like you're not at home But you sit in your room with the lights out Ooooh Nobody knows They don't know

I got demons
They keep me up at night
I got demons
They twist me up inside
But when you show
They can't hold us
They don't run when I'm with you
Cause I got demons
And I know you got em too

I think I found an escape
That my head would be clearer
I think I'm startin to change
Seeing the bigger picture
I get emotional
Knowin that I'm not
Facing it all alone

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