

## Catching My Breath

Stephanie McIntosh

I cannot speak, I can barely hear you  
My world spins around in silent slow mode  
Could you please repeat these words I swear you now seem to utter so softly to me  
Confusion stares blankly as you ask if I do  
Your frustration's confirmation that you said I love you

Please forgive me I was just catching my breath  
Blown away by every part of life making sense  
Shaken by the dream that we're sleeping the four letter word that is all, hopelessly gone,  
I fall

This coffee's still hot, but time is frozen  
I'd say makes you, but that's unspoken  
I wish that this shot could be replaced  
Whenever we lose sight of all that we've got  
Illusion is now real but the shock is still here  
I do my best to keep control and fight back ten million tears

Fall into your arms, so scared (so please don't hurt me)  
Know that my heart will stay here (and is safe with you)  
I can't say all that I feel, so take this kiss for all the words I mean to offer you

Please forgive me I was catching my breath  
Confusion stares blankly as you ask if I do

Awoken by the dream that we're sleeping  
The four letter word that is all  
Hopelessly gone  
I fall